

## CHILDREN & YOUNG PEOPLE'S EMOTIONAL WELLBEING SERVICE


**An early intervention & prevention offer**

**Free and confidential support for children and young people (and parents & carers) with mild to moderate mental wellbeing needs.**

**COMPASS COVENTRY CAN SUPPORT WITH ISSUES SUCH AS:**

- Low mood
- Mild to moderate anxiety
- Body image
- Eating difficulties
- Bullying & peer relationships
- Family conflict
- Difficulty managing change
- Parental divorce, separation
- Bereavement or loss
- Managing strong emotions



 **02475 186206**

 **CYPEIP@COMPASS-UK.ORG**  
**COMPASS.CYPEIP@NHS.NET**

 **COMPASS-UK.ORG**