

**LET'S
CONNECT**

WE'RE TAKING PART IN
CHILDREN'S MENTAL
HEALTH WEEK

Place2Be's

**CHILDREN'S
MENTAL HEALTH
WEEK**

6-12
FEBRUARY
2023

What's Happening?

Monday 6th February @ 5:30 - 6:30pm
Aged 18+ VOLUNTEERING INTRODUCTION

Find out about volunteering with the children and young people's service.

Tuesday 7th February @ 4:30-5:30pm
PROFESSIONALS

An introduction to Coventry and Warwickshire Mind's Children and Young Peoples Services

Tuesday 7th February @ 2-3pm
PARENTS/CARERS

How to talk to your child about mental health

'This webinar' will cover topics such as, broaching the subject, what to do if your child doesn't want to share and next steps if your child chooses to talk about their mental health.

Thursday 9th February @ 6-7pm
YOUNG PEOPLE

THIS IS OUR WAKE UP CALL!

Come and hear more about how you can get involved in shaping services at Coventry and Warwickshire Mind.

We need young people who are passionate about mental health and wellbeing, who want to make a difference, and who are ready to help us wake up our local communities to young people's mental health matters!

Tuesday 7th February @ 7-8pm

Children's Autism Support Service

AND

Thursday 9th February @ 1-2pm

PARENTS/CARERS Peer Support Toolbox

A regular session with a topic based presentation and followed by an informal chat.

**Find out more &
book to join us!**

[https://tinyurl.com/
CWMindCMHW2023](https://tinyurl.com/CWMindCMHW2023)



SCAN ME