

YEAR 8— CORE PE

TERM 1	Powerful Knowledge
<p>Netball</p> <p>Dance</p> <p>Basketball</p> <p>Football</p>	<ul style="list-style-type: none"> • LINKING SKILLS AND AGILITIES • BUILDING UPON TEAMWORK SKILLS • LEADERSHIP OF SMALL GROUPS OR TEAMS • DEVELOPING COMMUNICATION THROUGH SPORT • CREATING MORE COMPLEX ROUTINES • DEVELOPMENT OF TACTICS AND RULES • BONES AND MUSCLES OF THE BODY • IDENTIFY COMPONENTS OF FITNESS • SHORT TERM EFFECTS OF EXERCISE